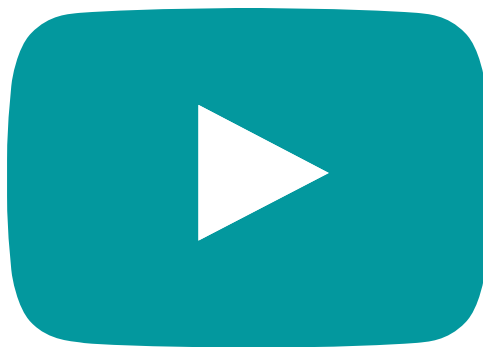




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Day One Meditation Monday



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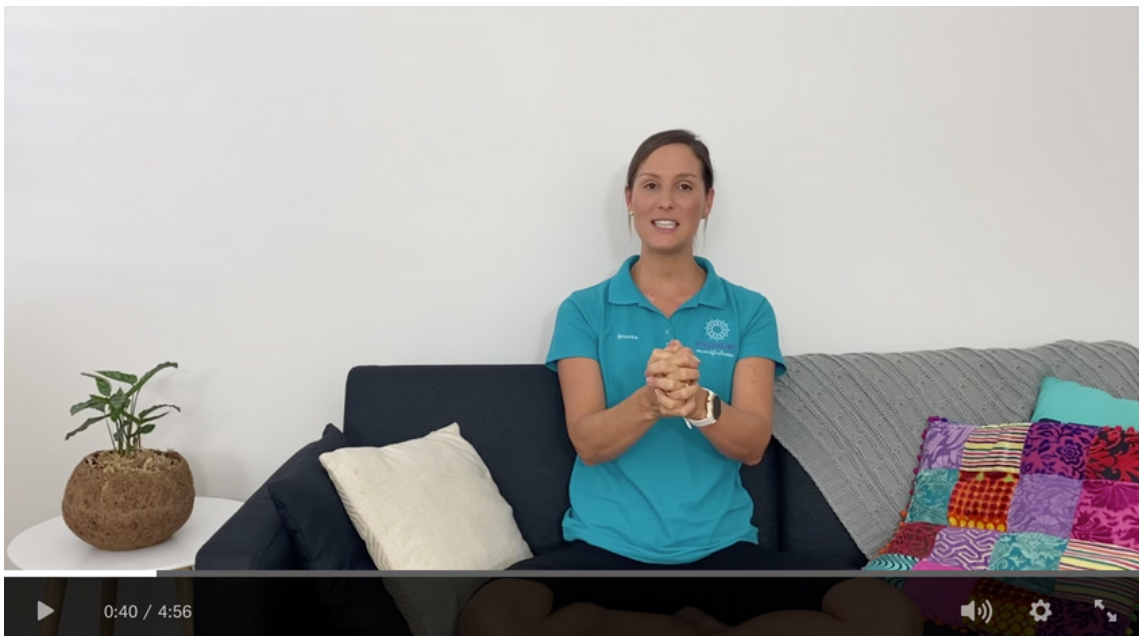
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Day Two Kind & Caring Tuesday



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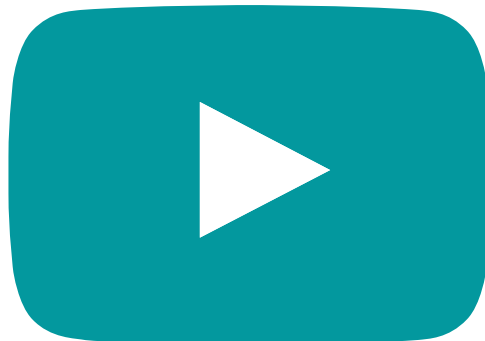
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Day Three Mindful Moment Wednesday



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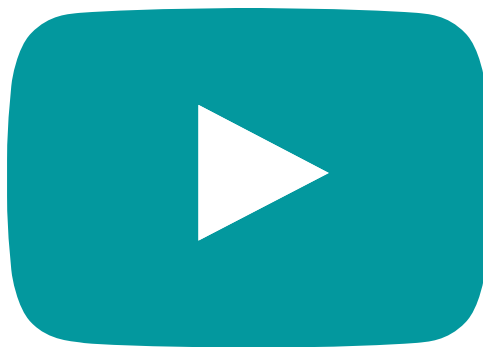
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Day Four Thankful Thursday



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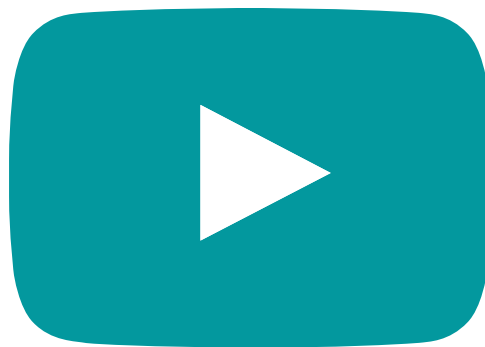
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Day Five Feel Good Friday



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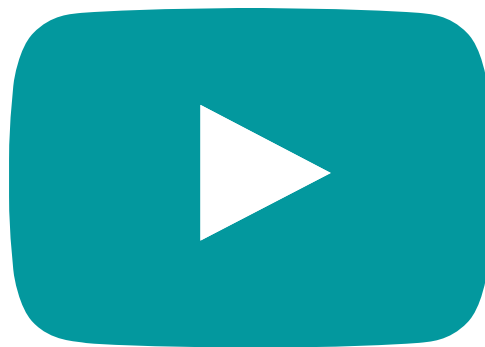
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Day Six Meditation Monday



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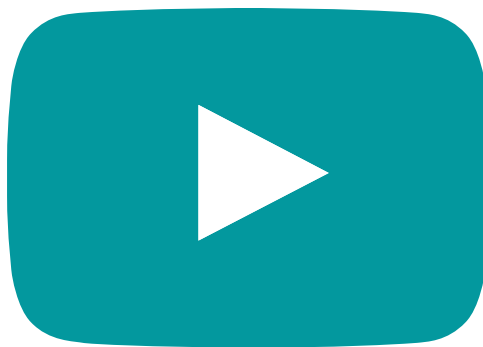
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Day Seven Kind & Caring Tuesday



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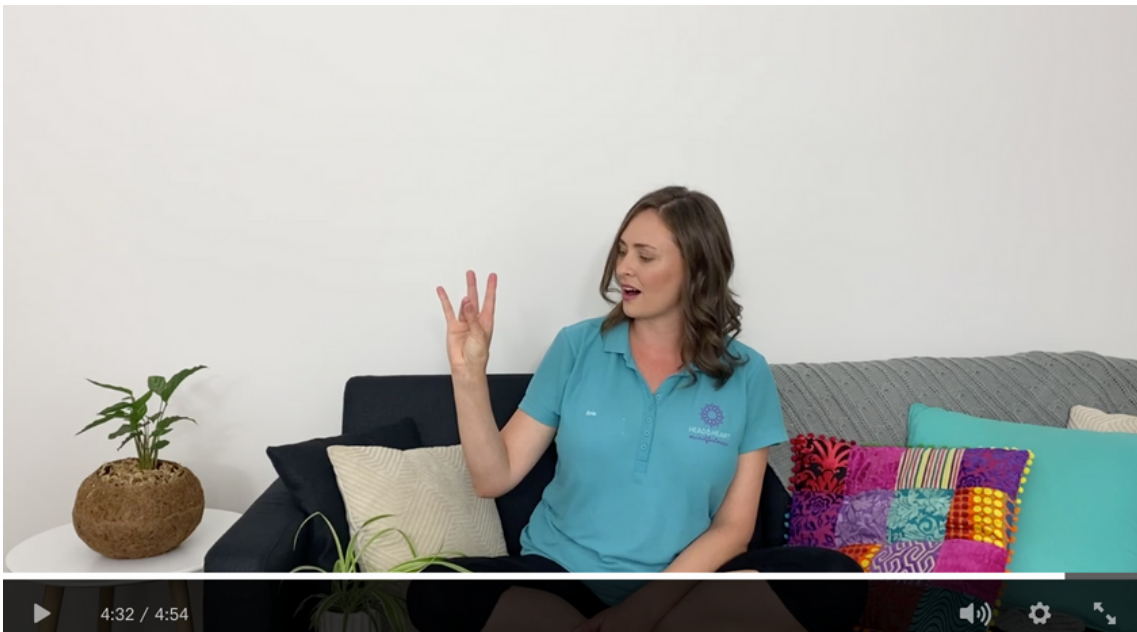
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Day Eight Mindful Moment Wednesday



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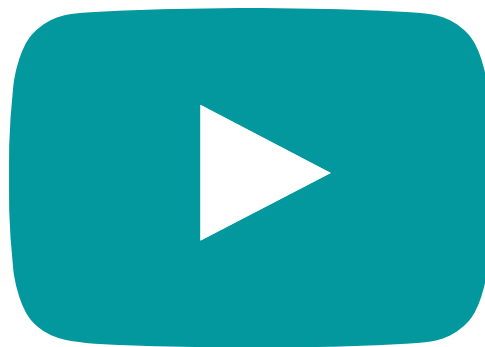
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Day Nine Thankful Thursday



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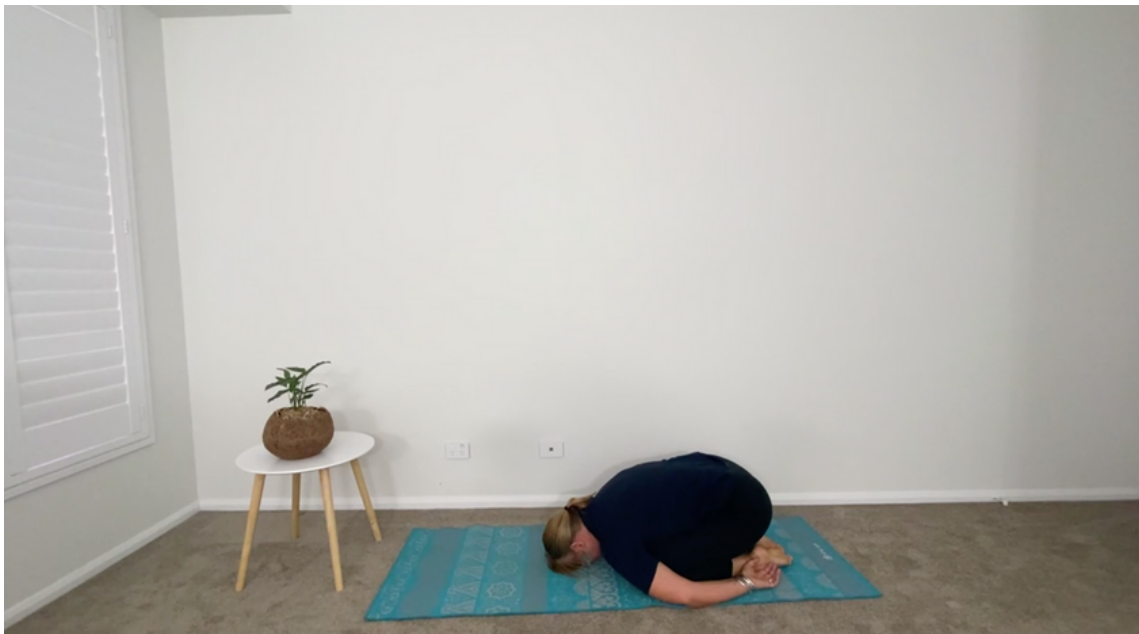
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Day 10 Feel Good Friday



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